



Referral Services



Free service available 24/7/365
Dial 2-1-1 or visit
211SanDiego.org

2-1-1 San Diego is a trusted, local nonprofit organization with connections to 6,000-plus community, health, disaster services and so much more.

Health & Wellness Services

Our Health Navigation offers needs assessment, health education, case planning, advocacy, connection to resources and on-going support.

Enrollment Services

We educate people about available public assistance programs and help people apply over the phone for programs such as CalFresh (food), Medi-Cal & Covered California (health insurance), and more!

Housing Assistance

We provide information and connection to housing resources including homelessness resources and shelters, affordable housing options, and tenant/landlord mediation.

Food Assistance

We connect people to food resources including food banks, congregate meals, and CalFresh and Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) benefits.

Military & Veterans Services

San Diego's military and veteran peer-to-peer chat line provides a single access point for information, referrals, and ongoing care coordination for veterans, active-duty military, and their families.

Stay Connected Stay Informed

With one free call, we'll connect you to the resources and services you need.

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Enrollment Services



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2-1-1 San Diego identifies, screens, and helps people apply over the phone for benefit programs including CalFresh, Medi-Cal, and Covered California.

Convenient Enrollment

Apply from the comfort of your home or office with the support of our expert staff. Our Enrollment Specialists can complete your entire application over the phone and submit on your behalf.

We Won't Keep You Waiting

Dial 2-1-1 or visit 2enrollme.org to schedule your appointment. Same day appointments are often available.

Here for You

If you have questions about CalFresh, MediCal, Covered California or other benefits programs, our Enrollment Specialists can answer them. We can also help you through every step of the enrollment process.



Food Assistance

CalFresh is a program funded by the USDA to help improve health and nutrition of families with low incomes. CalFresh can stretch food dollars, allowing families and individuals to buy more fruit, vegetables, whole grains, lean protein and other healthy foods.

Stay Connected Stay Informed

Schedule your free appointment with one of our Enrollment Specialists.

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Health & Wellness Services



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2-1-1 San Diego offers comprehensive needs assessments, health education, care planning, advocacy, connections to resources, and ongoing health navigation support.

Here for You

Our staff can help you create a plan to reach your specific health goals that include medical care referrals, community clinic appointments, and access to mental health services and breast health resources. We can help you get care, bill payment assistance, as well as prescription access and discounts.

There Every Step of the Way

We know how important it is for you to get the resources you need. We advocate for our callers and do everything we can to ensure you're connected to the right services.



Knowledgeable Staff

Our highly trained Health Navigators have backgrounds in case management as well as health and social services. More importantly, they are passionate about connecting, empowering, educating, and advocating for the health needs of the whole person.

Stay Connected Stay Informed

Connect with one of our Health Navigators.

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