



Organization	Services	Eligibility	Contact	Location
<a href="#">San Diego Youth Services</a> & <a href="#">South Bay Community Services</a>	<p><b>Our Safe Place</b></p> <ul style="list-style-type: none"> <li>o Support Services:           <ul style="list-style-type: none"> <li>• Advocacy</li> <li>• Alcohol &amp; drug abuse services</li> <li>• Support in building Community support networks</li> <li>• Support for family relationships</li> <li>• Support with gender Identity, coming out, &amp; transitioning</li> <li>• Lessons on sexual health &amp; safe dating</li> <li>• Support with school &amp; work support</li> </ul> </li> <li>o Mental Health Services:           <ul style="list-style-type: none"> <li>• Individual/ family therapy for LGBTQ+ youth</li> <li>• Psychiatric &amp; mental health services</li> <li>• Medication evaluation, &amp; screening</li> <li>• Clinical support barriers</li> </ul> </li> <li>o Drop-in Center services:           <ul style="list-style-type: none"> <li>• Clinical case management</li> <li>• Address basic needs, academic challenges, &amp; employment challenges</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• LGBTQ youth up to age 21 and their families</li> </ul>	<p><i>Youth Support Partner</i>  <b>Leo O'Driscoll</b>  <a href="tel:619-643-5241">619-643-5241</a>  <a href="mailto:lodriscoll@csbcs.org">lodriscoll@csbcs.org</a></p> <p><i>Further resources</i></p>	<p><b>SBCS South Drop-in Center</b>  <a href="#">746 Ada Street</a>  <a href="#">Chula Vista, CA 92911</a></p> <p><i>Hours</i>  Monday – Friday  12:00 pm- 8:00p.m</p> <p>Saturday– Sunday  2:00 pm- 10:00p.m.</p>
<a href="#">South Bay Community Services</a>	<p><b>Here Now</b></p> <ul style="list-style-type: none"> <li>o Increases awareness of:           <ul style="list-style-type: none"> <li>• Suicide ideation &amp; self-injury</li> <li>• Bullying &amp; communication</li> <li>• Mental health</li> <li>• Teen development &amp; stress</li> </ul> </li> <li>o HERE Now team members check in with all students who:           <ul style="list-style-type: none"> <li>• Identified themselves as needing to talk</li> <li>• Have a question about presentation</li> </ul> </li> <li>o Works with schools to host a coffee talk/parenting meeting to present information on “Check Your Mood” week</li> </ul>	None	<p><i>HERE Now Program Manager</i>  <b>Judi Park</b>  <a href="tel:619-258-6877">619) 258-6877 x 3274</a>  <a href="mailto:jpark@sdyouthservices.org">jpark@sdyouthservices.org</a></p>	Take place at RC site
<a href="#">StarPal</a>	<p><b>InterAction</b></p> <ul style="list-style-type: none"> <li>o An 18 Session program</li> <li>o Brings law enforcement + teaching artists from the La Jolla Playhouse together</li> <li>o Address issues such as:           <ul style="list-style-type: none"> <li>• Crime &amp; gang violence</li> <li>• Challenges with self-expression</li> <li>• The dangers of drugs, school violence, &amp; bullying</li> </ul> </li> <li>o Assists students in learning tools to make positive life choices:           <ul style="list-style-type: none"> <li>• Uses theater as a medium to communicate about everyday struggle</li> <li>• Providing a non-threatening environment</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• High school students near:           <ul style="list-style-type: none"> <li>o Lincoln High School in Southeast San Diego</li> <li>o Crawford High School in City Heights</li> </ul> </li> </ul>	<a href="tel:619-531-2718">(619)531-2718</a>	<p><a href="#">Lincoln high school</a> (South Eastern SD)</p> <p><a href="#">Crawford High School</a> (City Heights)</p>
<a href="#">SAY San diego</a>	<p><b>Community Assessment Team (CAT)</b></p> <ul style="list-style-type: none"> <li>o Support &amp; resource coordination</li> <li>o WINGS (Working to Insure &amp; Nurture Girls Success) works to ensure engagement in juvenile court system</li> <li>o JUVENILE DIVERSION           <ul style="list-style-type: none"> <li>• Work with law enforcement agencies</li> <li>• Divert first time juvenile offenders from the juvenile justice system</li> <li>• Clinical &amp; trauma-informed services</li> </ul> </li> <li>o Teen Court           <ul style="list-style-type: none"> <li>• Utilizes restorative justice</li> <li>• Have cases reviewed by a jury of teen peers</li> <li>• Allow 90 days to successfully complete sentence program</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Youth ages 6-18</li> <li>• <b>Eligible Zip Codes</b> <ul style="list-style-type: none"> <li>• 92101-92124</li> <li>• 92126</li> <li>• 92131-92140</li> <li>• 92142</li> <li>• 92145</li> <li>• 92147</li> <li>• 92151</li> <li>• 92152</li> <li>• 92155</li> <li>• 92158-92161</li> <li>• 92182</li> </ul> </li> </ul>	<p><b>Elsa Torres</b>  <a href="tel:619-283-9624">619)283-9624x312</a>  <a href="mailto:vbouk@saysandiego.org">vbouk@saysandiego.org</a></p> <p><i>Referrals</i>  <b>Omar Isidoro</b>  <a href="tel:619-283-9624">619)283-9624 x310</a>  <a href="mailto:oisidoro@saysandiego.org">oisidoro@saysandiego.org</a></p> <p><i>Teen Court</i>  <b>Jessica Rathbun</b>  <a href="tel:858-565-4148">858)565-4148 x269</a>  <a href="mailto:jrathbun@saysandiego.org">jrathbun@saysandiego.org</a></p>	<p><b>Main Office</b>  <a href="#">8755 Aero Drive, Suite 100</a>  <a href="#">San Diego, CA 92123</a></p> <p><b>Mid-City Family Resource Center</b>  <a href="#">4275 El Cajon Blvd.</a>  <a href="#">San Diego, CA 92105</a></p>



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	<ul style="list-style-type: none"> <li>Ensure charges won't be moved forward to Juvenile Court &amp; minor won't have arrest on record.</li> </ul> <p>o <i>Truancy/Curfew Group</i></p> <ul style="list-style-type: none"> <li>3-week group</li> <li>Focuses on: <ul style="list-style-type: none"> <li>The law</li> </ul> </li> </ul> <p>Positive decision making /influence of peers</p>			
<a href="#">SAY SAN DIEGO</a>	<p><b>Cognitive Behavioral Therapy</b></p> <p>o A 3-6 month program</p> <p>o For adults on probation</p> <p>o Focuses on:</p> <ul style="list-style-type: none"> <li>Problem solving</li> <li>Realistic self-talk &amp; interpersonal skills</li> <li>Behaviors &amp; emotions related to trauma</li> <li>Making new life commitments</li> <li>Helping find new ways of thinking/decision making</li> </ul> <p>o Promote positive lifestyle changes &amp; healthy futures</p> <p>o Meet probation terms</p>	<ul style="list-style-type: none"> <li>Individuals with formal probation status</li> <li>Appointment required</li> <li>Staff unable to see drop-ins.</li> </ul>	<p><b>Laura Soto</b> (858)565-4148 <a href="mailto:lsoto@saysandiego.org">lsoto@saysandiego.org</a></p>	<p><b>Mid-City Family Resource Center</b> <a href="#">4275 El Cajon Blvd. San Diego, CA 92105</a></p> <p>Program schedules in Oceanside, Escondido, Chula Vista, San Diego, and El Cajon.</p>
<a href="#">South Bay Community Services</a>	<p><b>Career &amp; Technical Education Programs</b></p> <p>o <i>Learn &amp; Achieve Potential Program</i></p> <ul style="list-style-type: none"> <li>6-8-weeks</li> <li>Secondary bridging program</li> <li>Provides: <ul style="list-style-type: none"> <li>Academic skill remediation</li> <li>Work readiness</li> <li>Life skills development</li> <li>College &amp; career exploration &amp; preparation</li> <li>Support in transition to first year of postsecondary training or education</li> <li>40-hour paid internship</li> <li>College enrollment assistance</li> <li>College tours</li> <li>Employment assistance</li> </ul> </li> </ul> <p>o <i>The EXCEL Work Readiness Program:</i></p> <ul style="list-style-type: none"> <li>Career readiness development services</li> <li>Work readiness development</li> <li>Job shadowing</li> <li>Career development</li> <li>Mentoring</li> <li>Internships</li> </ul>	<ul style="list-style-type: none"> <li>Youth 16-25</li> <li>Youth involved in juvenile justice systems</li> <li>Youth experiencing homelessness</li> <li>Residents in transitional housing units</li> </ul> <p><i>EXCEL Work Readiness Program</i></p> <ul style="list-style-type: none"> <li>❖ Young adults 16-21</li> </ul>	<p><b>Jose Mondragon</b> (619) 942-1469 <a href="mailto:jmondragon@csbcs.org">jmondragon@csbcs.org</a></p> <p><i>EXCEL Work Readiness Program</i></p> <p><b>Chris Zures</b> (619) 213-2079 <a href="mailto:czures@csbcs.org">czures@csbcs.org</a></p>	<p><b>South Bay Community Services Office</b> <a href="#">430 F Street Chula Vista, CA 91910</a></p>
<a href="#">South Bay Community Services</a>	<p><b>Youth Prevention &amp; Intervention</b></p> <p>O Gender responsive prevention, diversion, &amp; intervention services</p> <ul style="list-style-type: none"> <li>Uses a strength based family approach</li> </ul> <p>o <i>Cat Assessment Team (CAT)</i></p> <ul style="list-style-type: none"> <li>Keeps youth in school</li> <li>Keeps youth out of juvenile justice system</li> <li>Early intervention</li> </ul> <p>o <i>Alternatives to Detention (ATD)</i></p> <ul style="list-style-type: none"> <li>A continuum to detention alternatives</li> <li>Provides: <ul style="list-style-type: none"> <li>Case advocacy &amp; intensive case management</li> <li>Home confinement</li> <li>Reporting centers</li> <li>Anger management</li> <li>Cool beds</li> <li>Supervision &amp; structured activities</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>At risk youth</li> <li>First time youth offenders</li> <li>Runaways</li> <li>Youth on probation</li> <li>Non-offenders &amp; their families</li> </ul>	<p>(619) 420-3620</p>	<p><b>SBCS Office</b> <a href="#">430 F Street Chula Vista, CA 91910</a></p>

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	<ul style="list-style-type: none"> <li>○ Wrap around family services</li> </ul> <p><i>o Breaking Cycles</i></p> <ul style="list-style-type: none"> <li>• A multi-agency project</li> <li>• Works to prevent escalating juvenile delinquency</li> <li>• Individualized focus</li> </ul> <p><i>o Groups &amp; gender specific groups</i></p> <ul style="list-style-type: none"> <li>• Facilitated by SBCS specialist</li> <li>• Boys Groups, Girls Groups, &amp; Seeking Safety Therapeutic Group</li> </ul>			
<a href="#">South Bay Community Services</a>	<p style="text-align: center;"><b><u>Family Violence &amp; Support Services</u></b></p> <p>O Treatment &amp; case management services O Assists survivors of domestic violence during recovery of trauma in repairing self-esteem &amp; moving past abuse O <i>Domestic Violence Response Team/ Intervention program</i></p> <ul style="list-style-type: none"> <li>• A 24/7 emergency response unit</li> <li>• Responds to calls from SBCS hotline</li> <li>• Provides crisis intervention</li> <li>• Assists in planning immediate &amp; long term safety</li> <li>• Offers therapeutic group counseling for perpetrators of domestic violence</li> </ul> <p><i>o In Home Visitation Services</i></p> <ul style="list-style-type: none"> <li>• Utilize First Five Steps</li> <li>• Provide support, education, &amp; guidance: <ul style="list-style-type: none"> <li>○ Home visits &amp; in-home support</li> <li>○ Parenting classes</li> <li>○ Create stable home environments</li> <li>○ Ensure reunification</li> <li>○ Ensure at risk children remain in homes</li> </ul> </li> </ul> <p><i>o Addressing Childhood Trauma</i></p> <ul style="list-style-type: none"> <li>• An initiative to help: <ul style="list-style-type: none"> <li>○ Develop sustainable life skills</li> <li>○ Meet the demands of life</li> <li>○ Make healthy lifestyle choices</li> <li>○ Reduce high risk behavior that is a result of trauma</li> <li>○ Strengthen protective/resiliency factors</li> </ul> </li> </ul>	<p><i>The Domestic Violence Response Team program</i></p> <ul style="list-style-type: none"> <li>• Survivors &amp; victims of domestic violence</li> </ul> <p><i>In Home Visitation</i></p> <ul style="list-style-type: none"> <li>• Expectant parents/ parents of newborns in the military</li> <li>• Immigrant/ refugees</li> <li>• Teen parents</li> <li>• Low-income families</li> <li>• Families who involved with Child Welfare Services/at-risk</li> </ul> <p><i>Addressing Childhood Trauma</i></p> <ul style="list-style-type: none"> <li>• Children &amp; families in San Ysidro impacted by childhood &amp; community level trauma</li> </ul>	<p><i>The Domestic Violence Response Team/ Intervention program</i> <a href="tel:18006402933">1 (800) 640-2933</a></p> <p><i>In-Home Visitation Services</i> <a href="tel:6194203620">(619) 420-3620</a></p> <p><i>Addressing Childhood Trauma</i> <a href="tel:6194203620">(619) 420-3620</a></p>	<p><b><u>SBCS Office</u></b> <a href="http://www.sbcscs.org">430 F Street</a> <a href="http://www.sbcscs.org">Chula Vista, CA 91910</a></p>
<a href="#">McAlister Institute</a>	<p style="text-align: center;"><b><u>SAFE Housing- Supportive Housing</u></b></p> <p>o Small female residential home for substance abuse o Provides:</p> <ul style="list-style-type: none"> <li>• On-site live in case manager</li> <li>• A clean safe supervised environment</li> <li>• Support steps toward living independently in community</li> </ul>	<ul style="list-style-type: none"> <li>• Women referred by Child Welfare Services (CWS)</li> <li>• Women in the process of reunifying with their children</li> </ul>	<p><b>Natalie Richardson</b> <a href="tel:6194404801">619)440-4801 x1221</a></p>	<p><b><u>South Office</u></b> <a href="http://www.mca.org">2414 Hoover Ave,</a> <a href="http://www.mca.org">National City, 91950</a></p> <p><b><u>Kiva</u></b> <a href="http://www.mca.org">2049 Skyline Dr,</a> <a href="http://www.mca.org">Lemon Grove, 91945</a></p>
<a href="#">Vista Hill</a>	<p style="text-align: center;"><b><u>Incredible Families</u></b></p> <p>O Mental Health Treatment &amp; Support Services O For children &amp; families involved in CWS o Work to reunify children with families within 12 months of entering foster care O Provides :</p> <ul style="list-style-type: none"> <li>• Weekly multi-family, parent-child visitation</li> <li>• A 15-week parenting group</li> </ul>	<ul style="list-style-type: none"> <li>• Children ages 2-11</li> <li>• Dependents of Juvenile Dependency Court &amp; their families</li> <li>• Referred by CWS social workers</li> </ul>	<p><a href="tel:6196684263">(619)668-4263</a></p>	<p><b><u>VISTA HILL MAIN OFFICE</u></b> <a href="http://www.mca.org">8910 Clairemont Mesa Blvd</a> <a href="http://www.mca.org">San Diego, CA 92123</a></p> <p><i>Program hours</i> Monday- Friday 8:30 AM - 5:00 PM</p>

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	<ul style="list-style-type: none"> <li>• A primary therapist</li> <li>• Assessment &amp; service referrals.</li> </ul>			Evening sessions at convenient community locations.
<a href="#">Vista Hill</a>	<p style="text-align: center;"><b>Bridges Teen Center</b></p> <ul style="list-style-type: none"> <li>o A positive alternative to substance use</li> <li>o Teach ways to make: <ul style="list-style-type: none"> <li>• Internal changes</li> <li>• Relationship changes</li> <li>• Positive health choices</li> </ul> </li> <li>o Provide: <ul style="list-style-type: none"> <li>• Diagnosis &amp; assessment</li> <li>• Treatment planning</li> <li>• Individual, family, &amp; group counseling</li> <li>• Recovery education</li> <li>• Parent/teen support meeting</li> <li>• Activities &amp; aftercare counseling</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Youth ages 12-21 who have a history of substance use</li> <li>• Youth who reside in southeast San Diego</li> <li>• Free: paid under contract with county of SD behavioral health services</li> </ul>	<a href="tel:(619)795-7232">(619)795-7232</a> <a href="mailto:pulloa@vistahill.org">pulloa@vistahill.org</a>	<a href="#">220 Euclid Ave #40, San Diego, CA 92114</a>
<a href="#">McAlister Institute</a>	<p style="text-align: center;"><b>Adolescent Residential Treatment</b></p> <ul style="list-style-type: none"> <li>o Gender-specific homes</li> <li>o 30-day substance abuse residential treatment</li> <li>o Assessments &amp; individual counseling</li> <li>o Structured recovery activities</li> <li>o Education &amp; self-help groups</li> </ul>	<ul style="list-style-type: none"> <li>• Adolescents who are using, misusing, or abusing alcohol and/or other drugs.</li> </ul>	<a href="tel:(619)442-0277x1018">(619)442-0277 x1018</a>	Locations kept confidential  <p style="text-align: center;"><b>South Teen Recovery Center</b></p> <a href="#">629 Third Avenue, Suite C Chula Vista, CA 91910</a>  Satellite location also available in San Ysidro
<a href="#">Vista Hill</a>	<p style="text-align: center;"><b>Substance Abuse Services</b></p> <ul style="list-style-type: none"> <li>o Assistance to teens under probation supervision</li> <li>o Community-based case management</li> <li>o Supportive contacts &amp; interventions</li> <li>o Drug testing to ensure compliance</li> <li>o Progress reports to superior court &amp; probation</li> <li>o Free of charge</li> </ul>	<ul style="list-style-type: none"> <li>• Youth ages 12-18</li> <li>• Supervised by SD County probation</li> <li>• Referred by a probation officer</li> </ul>	<a href="tel:(858)514-5100">(858) 514-5100</a>	<p style="text-align: center;"><b>VISTA HILL MAIN OFFICE</b></p> <a href="#">8910 Clairemont Mesa Blvd San Diego, CA 92123</a>
<a href="#">McAlister Institute</a>	<p style="text-align: center;"><b>Teen Recovery Centers</b></p> <ul style="list-style-type: none"> <li>o Substance abuse treatment, recovery, &amp; education</li> <li>o Group &amp; individual counseling</li> <li>o Structured recovery activities</li> <li>o Accommodation to school schedules</li> </ul>	<ul style="list-style-type: none"> <li>• Adolescents who are using, misusing, or abusing alcohol and/or other drugs.</li> </ul>	<a href="tel:(619)691-1045">(619)691-1045</a>	<p style="text-align: center;"><b>South Teen Recovery Center</b></p> <a href="#">629 Third Avenue, Suite C Chula Vista, CA 91910</a>  Satellite location also available in San Ysidro
<a href="#">McAlister Institute</a>	<p style="text-align: center;"><b>Intervention Services</b></p> <ul style="list-style-type: none"> <li>o Individualized intervention plan for substance abuse</li> <li>o One-on-one call with licensed therapist</li> <li>o Pre-intervention counseling</li> <li>o Family consultation</li> <li>o Access to 25 programs: <ul style="list-style-type: none"> <li>• Transportation</li> <li>• Post intervention counseling</li> <li>• On-going support</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Individuals dealing with challenges related to substance abuse</li> </ul>	<a href="tel:(619)440-4801x105">(619) 440-4801 x105</a>	<p style="text-align: center;"><b>South Bay Regional Recovery Center (SBRRC)</b></p> <a href="#">1180 Third Avenue, Suite C3 Chula Vista, CA 91911</a>  <p style="text-align: center;"><b>South Bay Women's Recovery Center (SBWRC)*</b></p> <a href="#">2414 Hoover Avenue, Suite C National City, CA 91950</a>



<a href="#">Vista Hill</a>	<p><b><u>Support for Adolescents and Families in Recovery (SAFIR)</u></b></p> <p>O A chemical dependency recovery based program</p> <ul style="list-style-type: none"> <li>o For teens &amp; parents</li> <li>o Uses a family participation model</li> <li>o Weekly group sessions</li> <li>o In Spanish &amp; English</li> <li>o Free of charge &amp; in various locations.</li> </ul>	<ul style="list-style-type: none"> <li>• Youth ages 12-18</li> <li>• At least 1 parent/responsible adult involved with care of teen</li> <li>• Free of charge</li> </ul>	<p><a href="tel:(858)514-5100">(858)514-5100</a>  <a href="mailto:info@vistahill.org">info@vistahill.org</a></p>	<p><b>VISTA HILL MAIN OFFICE</b>  <a href="#">8910 Clairemont Mesa Blvd</a>  <a href="#">San Diego, 92123</a></p> <p>SAFIR is offered in various locations throughout San Diego</p> <p>Locations are subject to periodic change.</p>
<a href="#">McAlister Institute</a>	<p><b><u>Regional Recovery Centers</u></b></p> <ul style="list-style-type: none"> <li>o Substance abuse outpatient program</li> <li>o Wrap-around services: <ul style="list-style-type: none"> <li>• Assessment &amp; treatment planning</li> <li>• Individual &amp; group counseling</li> <li>• Case management &amp; care coordination</li> <li>• Mental health counseling</li> <li>• Vocational training</li> <li>• Re-entry assistance</li> <li>• Ongoing-recovery support services</li> <li>• Resource linkage.</li> </ul> </li> <li>o Provides on-site co-op childcare &amp; parenting classes</li> </ul>	<ul style="list-style-type: none"> <li>• Adults struggling with substance abuse and other drug-related problems</li> <li>• Adults with co-occurring mental health issues</li> <li>• Women's centers specifically designed for women</li> </ul>	<p><b><u>South Bay Regional Recovery Center (SBIRC)</u></b>  <a href="tel:(619)691-8164">(619)691-8164</a></p> <p><b><u>South Bay Women's Recovery Center (SBWRC)*</u></b>  <a href="tel:(619)336-1226">(619)336-1226</a></p>	<p><b><u>South Bay Regional Recovery Center (SBIRC)</u></b>  <a href="#">1180 Third Avenue, Suite C3</a>  <a href="#">Chula Vista, CA 91911</a></p> <p><b><u>South Bay Women's Recovery Center (SBWRC)*</u></b>  <a href="#">2414 Hoover Avenue, Suite C</a>  <a href="#">National City, 91950</a></p>
<a href="#">Vista Hill</a>	<p><b><u>Don Allen ParentCare Family Recovery Center</u></b></p> <p>O Supports chemically dependent women &amp; families at high risk for:</p> <ul style="list-style-type: none"> <li>• Child abuse or domestic violence</li> <li>• Homelessness</li> <li>• Dual diagnosis</li> </ul> <p>O Uses Evidence based alcohol &amp; drug treatment services:</p> <ul style="list-style-type: none"> <li>• Facilitate ongoing sobriety</li> <li>• Establish a safe home environment: <ul style="list-style-type: none"> <li>o Individual &amp; group treatment</li> <li>o On-site psychiatric services</li> <li>o On-site pre-school &amp; childcare services</li> <li>o Transportation services</li> <li>o Health education</li> <li>o Eligibility to work in at the center after completion of program</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Women with substance abuse challenges who are pregnant or parenting a child under 18 years old.</li> </ul>	<p><a href="tel:(619)266-0166">(619)266-0166</a></p>	<p><a href="#">4125 Alpha Street, San Diego, CA 92113</a></p>
<a href="#">Vista Hill</a>	<p><b><u>Vista Hill Apartments &amp; Geisel Activity Center</u></b></p> <p>O Supportive recovery community for women completing treatment at the ParentCare Family Recovery Center.</p> <p>O Supports recovery &amp; family reunification</p>	<ul style="list-style-type: none"> <li>• Women completing treatment at the ParentCare Family Recovery Center</li> </ul>	<p><a href="tel:(858)514-5100">(858) 514-5100</a></p>	<p>Lemon Grove  <i>Please call for location</i></p>
<a href="#">McAlister Institute</a>	<p><b><u>Adult Detox</u></b></p> <ul style="list-style-type: none"> <li>o A short term non-medical treatment (5-14 days)</li> <li>o Offers a safe supportive environment</li> <li>o Provides: <ul style="list-style-type: none"> <li>• Assessment &amp; treatment planning</li> <li>• Education on substance</li> <li>• An introduction to a 12-step recovery program</li> <li>• Community referrals</li> </ul> </li> <li>o The Perinatal Detox program is a short term non-medical residential program for pregnant women</li> </ul>	<ul style="list-style-type: none"> <li>• Fee based on sliding scale</li> <li>• Men and women experiencing problems with alcohol/other drugs</li> </ul>	<p><a href="tel:(619)442-0277">(619)442-0277</a></p> <p><i>The Perinatal Detox Program</i>  <a href="tel:(619)465-7303">(619)465-7303</a></p>	<p><a href="#">2049 Skyline Dr, Lemon Grove, 91945</a></p>



<a href="#">McAlister Institute</a>	<p><b><u>Adult Residential Treatment Programs</u></b></p> <p><i>o The Kiva Learning Center</i></p> <ul style="list-style-type: none"> <li>• A long-term residential treatment program</li> <li>• Offers: <ul style="list-style-type: none"> <li>○ Supportive housing &amp; on-site care</li> <li>○ Treatment planning</li> <li>○ Parenting classes</li> <li>○ Educational workshops</li> <li>○ Mental health counseling</li> <li>○ Domestic violence assistance</li> <li>○ Vocational training</li> <li>○ Recovery support services</li> <li>○ Resource linkage</li> </ul> </li> </ul> <p><i>o New Connections</i></p> <ul style="list-style-type: none"> <li>• A short term residential (30, 60, 90 day) program</li> <li>• Offers intensive case management for: <ul style="list-style-type: none"> <li>○ Parolees</li> <li>○ Ex-offenders</li> <li>○ Other criminal justice clients in danger of ongoing drug and alcohol abuse, as</li> </ul> </li> <li>• Provides: <ul style="list-style-type: none"> <li>○ Treatment planning &amp; assessment</li> <li>○ Individual &amp; group counseling</li> <li>○ Vocational training</li> <li>○ Community referrals</li> </ul> </li> <li>• Helps clients overcome reentry barriers</li> </ul>	<p><i>The Kiva Learning center</i></p> <ul style="list-style-type: none"> <li>• Women with &amp; without children with substance addiction</li> </ul> <p><i>New Connections</i></p> <ul style="list-style-type: none"> <li>• Parolees</li> <li>• Ex-offenders</li> <li>• Other criminal justice clients who are in danger of ongoing drug &amp; alcohol abuse</li> </ul>	<p><i>The Kiva Learning center</i>  <a href="tel:(619)465-7303">(619)465-7303</a></p> <p><i>New Connections</i>  <a href="tel:(619)465-7303">(619)465-7303</a></p>	<p><a href="#">2049 Skyline Dr, Lemon Grove, CA 91945</a></p>
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